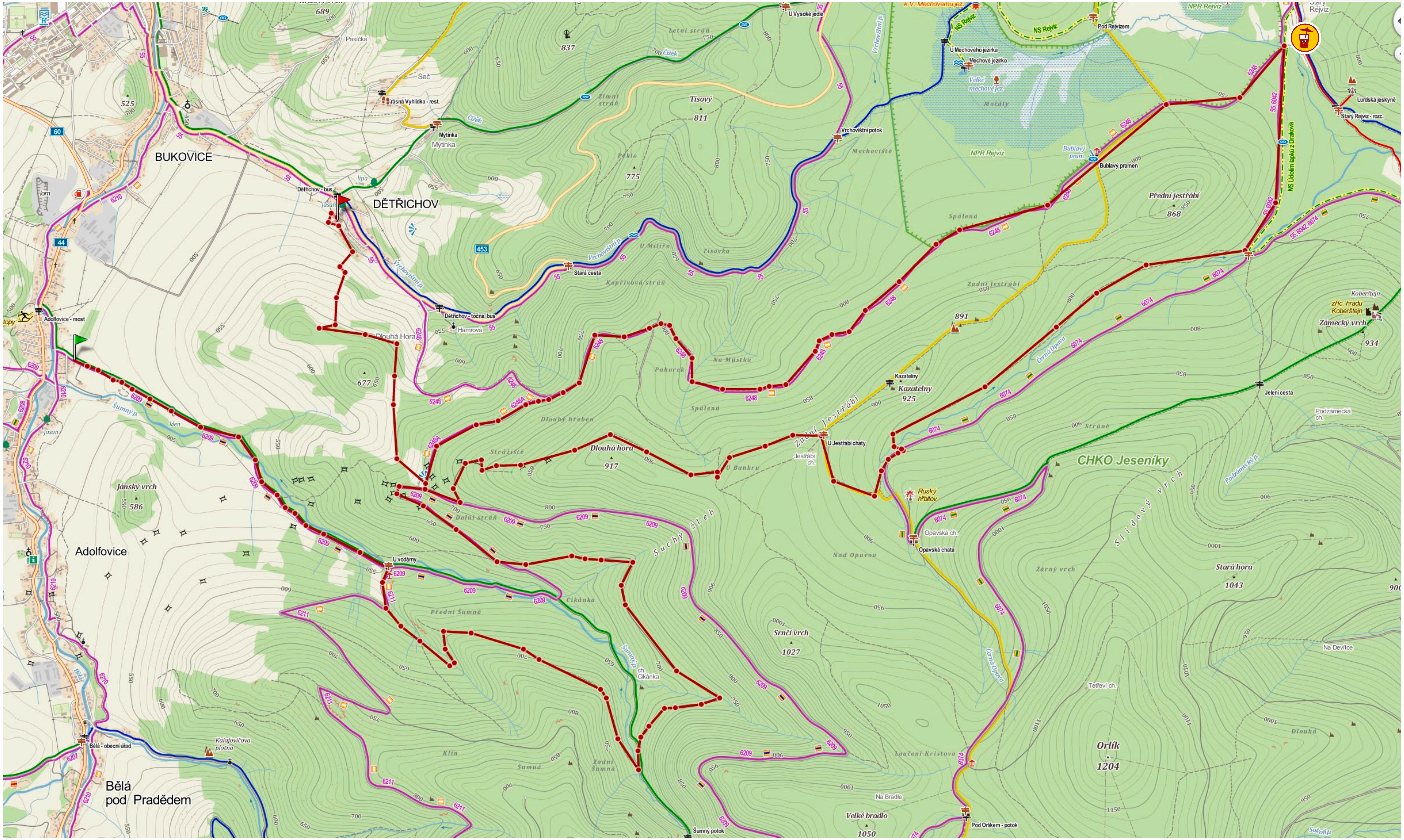A·B·C·D·E·M·ŽA·ŽB – 30 km